

April 2022

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Special points of interest:

- **Living for the Hope of Our Children**
- **Pre-K Graduation Activities**
- **Parent Night Out**
- **Parent Reminders**
- **Summer Preparation**

Important Dates

Parent Night Out-April 14

**Good Friday, April 15
Center closed**

**Iplay Amerlca Trlp In
New Jersey, May 26**

PreK Graduation-May 27

**Memorial Day-May 30,
Center Closed**

April Newsletter

Living for the Hope of Our Children

Our world today is full of challenges and uncertainties. Every time you turn on the news you hear of devastation, murders and hopelessness. Just when we thought that our world leaders had gotten COVID 19 under control, we hear of Russia raging war against Ukraine. As a result of the war, gas prices have skyrocketed and inflation is on the rise. Although COVID is not as much of a threat, we must be careful by practicing social distancing, wearing a mask and getting vaccinated. With all these concerns, many people have become depressed and on edge.

As parents, we must be aware of these things and look at how these things are affecting our everyday life. Finding a way to cope with these life challenges is critical to keeping an optimistic view of life and live a healthy and successful life. Our health and mental stability as parents is a key factor in the stability and happiness of our children. When we look at our children, we must have an attitude of hope

so that we can effectively care for our children. Our children are the hope of the world and in them lies the future of our world.

As parents, we must ensure that they get a quality education, know that they are loved and teach them to be responsible. As our children transition in age, we must let them know that we have expectations of them to do well. If we tell them consistently that they are beautiful, great, intelligent and loving, they will grow up to have good self-esteem.

With heavy work schedules, demanding jobs, pursuing higher education, and caring for our children, how do we as parents and educators maintain a healthy life. Health and wellness organizations say that there are some things we can do to have a healthier and optimistic life. The following are some ways:

1. Practice relaxation and breathing techniques.
2. Learn to say “no” to things that do not help your life style.
3. Find things to laugh

about. Laughter is good for the soul.

4. Try to prepare for unexpected events.
5. Talk to a good friend or seek counseling with a therapist.
6. Exercise your body. Just walking or taking the stairs can help.
7. Eat healthier foods. Reduce your consumption of sugar, caffeine, salt and fattening foods.
8. Trying writing your feelings down and what would make you feel better.
9. Take some “me” time. Have lunch with a friend or go to an event with a friend. Sometimes “me” time could be as simple as taking a soothing bath or getting a massage. Taking a vacation can also do wonders for your mental health.
10. Know that none of us are perfect and we don’t get it right all the time. It’s okay to cry if you need to; but, learn to forgive yourself.



“I learned that courage was not the absence of fear, but the triumph over it. The brave man is not he who does not feel afraid, but he who overcomes fear.”

Pre K Graduation Activities



We are only six weeks away from the celebration of the accomplishments of our graduates. Parents are reminded to review the letter sent out to parents of all PreK graduates. There are important deadlines and dates regarding raffle tickets and graduation tickets mentioned in the letter. Parents are reminded to make payment for the graduation dues as follows: 1st payment due March 1, 2022 of \$150 and the 2nd payment due April 15, 2022 of \$150. The graduation award banquet will be held at Martin’s West on May 27, 2022 and the theme is “Black Tie, A Day in Paris.” Children should be dressed in their Sunday best. Spirit week will be a week of fun activities for the PreK graduates and their friends in the 4 and older 3 year old classes. Parents are welcome to join the trip to Iplay America. If a parent rides the bus but get their own ticket or will not enter the park, they will have to pay \$30 to ride the bus. If a parents wants to participate in going to the park and ride the bus, the cost is \$75. Please contact Ms. Keysha if you will be participating in the Iplay America trip. The following is the schedule of activities for Spirit Week:

May 23—Kidz Park

May 24—Kidz Jungle World

May 25—Indoor Carnival

May 26—Iplay America

May 27—Prom/Graduation

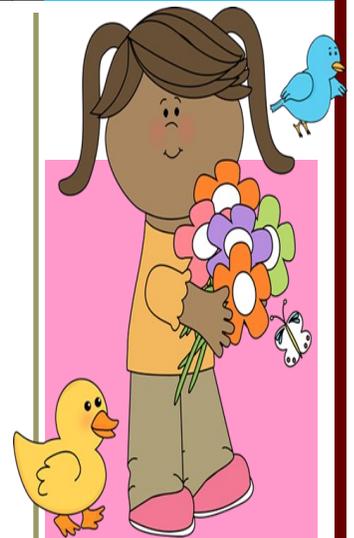


Parents’ Night Out

We are pleased to announce that we will have a parents’ night out on Thursday, April 14 for building 3100 and 3102. Parents can leave their child at the center from 6:30–9:30 pm. This will allow our parents to have some “me” time to enjoy. There is a \$20 per child cost which includes movie, dinner, snacks and a scavenger hunt for your child. Children must to potty trained. All reservations for your child should be made by April 11 with payment. Please see Ms. Keysha to make your reservation.

Parent Reminders

- Please ensure your child has weather appropriate change of clothes since we are changing seasons.
- Parents should ensure they have submitted their child's Health Inventory Part II form and immunization form to the main office.
- The cut-off time for all children is 9:30 am.
- Breakfast is served 7:30 am to 8:00 am
- Children must be signed in and out by an authorized adult or person at least 16 yrs. old.
- Parents are asked not to double park in the parking lot or speed in the parking lot.
- Children are not allowed to use parent access codes because this is a breach of security if a child or unauthorized person uses a parent's access code.
- It is extremely important that parents inform their child's teacher of any allergies their child may have.
- If your child takes medication, the center must have a medication form completed by the doctor. The medication must be in its original box with directions from the doctor on administering the medication.
- Please label your child's jackets, coats and hats. This will help prevent misplacement of your child's belongings.
- Remember our inclement weather policy in case we experience bad weather again.
- Parents are reminded to pick up their child on time at the end of the school day. Late pick up fees are \$20 for the first 5 minutes (6:31 pm -6:35 pm) and \$5 for each additional minute.
- Please ensure that emergency forms are updated



“What is the best part of life? It is that every morning you have a new opportunity to become a better version of yourself.”

**Author
Unknown**



Summer Preparation

Our center is open year round. PreK graduates can remain at the center until it is time for them to start kindergarten at their new school. If you have a graduate, please let Ms. Tia know if your child will remain at the center until school starts. The summer activity information and schedule will be distributed to all parents at the beginning of May.



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Phone: 410-944-5437
Fax: 410-944-1506



Please Note:

We have been experiencing difficulties with our 410-944-5437 line, please use our other exchanges (1340, 1341, 1342) to contact the center.

The center will be closed on Friday, April 15 in observance of Good Friday.

Parent Thank You's

- Ms. Kim's class would like to thank Ms. Jessica for the donuts.
- Ms. Kim extends thanks to Rayniece's grandmother for the donation of clothing.
- Thanks is extended from the 3-2 class to Mr. & Mrs. Bacote for the donuts.
- Ms. Kim offers her thanks to Marley's parents for the bagels and donuts.
- Ms. Tia would like to thank Symone Roles and Tristin Dorsey for the beautiful flowers and card with their condolences.
- Ms. Tia extends her thanks to all staff members and parents for their prayers, texts and calls of condolences during the passing of my grandmother.
- Ms. Jackie and Ms. Vicky extend their sincere appreciation and thanks to every staff member and parent who extended their condolences through cards, prayers, texts, generosity, and presence during the passing of our mother.



**May You Have a Safe and Happy
Easter Holiday**

April Birthdays

Children

Kodi P.	4/5
Bailee D.	4/11
Rayniece M.	4/12
Makenna F.	4/19
Zoey N.	4/20
Jason D.	4/25
Mason M.	4/27
Ahsaad G.	4/30

Teachers

Ms. Delores	April 1
Ms. Mariah	April 16

